**Worksheet Co-design 1: Discover**

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| **Topic** | **Key Questions** | **Ideas** | **Your Project- your actions** |
| **Principles**   * Inclusive * Respectful * Participate * Interactive * Outcome-focused | * Who are the people at the centre of the issue/program/ initiative? * Have we got contacts to those people? * Do I understand the diversity of the people who are at the centre? * Who is not in the conversation and how can we reach them? * How will all people who are at the centre be included? * What are we doing to show that people feel respected and valued? * What can we do so people can participate in different ways? * What agreements do we want in place right from the start? * Will we have rules so we know how to engage with each other? * How will we make sure the rules work for everyone? * How will we share responsibility (and power)? * How will we learn together? | * The invitation to the initial meeting included images of diverse peoples and was in easy read * We made reminder calls before the meeting to people who asked for them * We asked people if they needed interpreters or other supports at the meeting * Everyone had a chance to speak – we used a talking stick so there were no interruptions * We made the rules together, we wrote them down in easy read on big paper, and we went through them at every meeting * Everyone in the room got paid for their time * Everyone who wanted to has a chance to lead the meeting * We made notes and they were available in different formats * Sometimes we had big group talks sometimes we broke up into smaller groups * We took time to agree and make sure everyone had a say if they wanted to * We took regular breaks * We made sure we had time, so people got to know each other |  |
| **Rethinking expertise**   * People with lived experience are at the centre |
| **Remember the importance of culture**   * Think intersectionality |