**Worksheet Co-design 1: Discover**

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| **Topic** | **Key Questions** | **Ideas** | **Your Project- your actions** |
| **Principles*** Inclusive
* Respectful
* Participate
* Interactive
* Outcome-focused
 | * Who are the people at the centre of the issue/program/ initiative?
* Have we got contacts to those people?
* Do I understand the diversity of the people who are at the centre?
* Who is not in the conversation and how can we reach them?
* How will all people who are at the centre be included?
* What are we doing to show that people feel respected and valued?
* What can we do so people can participate in different ways?
* What agreements do we want in place right from the start?
* Will we have rules so we know how to engage with each other?
* How will we make sure the rules work for everyone?
* How will we share responsibility (and power)?
* How will we learn together?
 | * The invitation to the initial meeting included images of diverse peoples and was in easy read
* We made reminder calls before the meeting to people who asked for them
* We asked people if they needed interpreters or other supports at the meeting
* Everyone had a chance to speak – we used a talking stick so there were no interruptions
* We made the rules together, we wrote them down in easy read on big paper, and we went through them at every meeting
* Everyone in the room got paid for their time
* Everyone who wanted to has a chance to lead the meeting
* We made notes and they were available in different formats
* Sometimes we had big group talks sometimes we broke up into smaller groups
* We took time to agree and make sure everyone had a say if they wanted to
* We took regular breaks
* We made sure we had time, so people got to know each other
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| **Rethinking expertise*** People with lived experience are at the centre
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| **Remember the importance of culture*** Think intersectionality
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